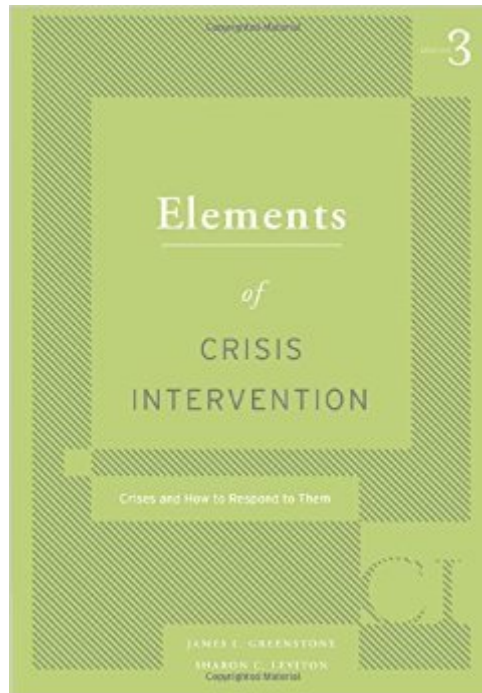


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# Elements Of Crisis Intervention: Crisis And How To Respond To Them (HSE 225 Crisis Intervention)



## Synopsis

Designed to help in day-to-day, on-the-scene crisis intervention, *ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM*, 3e offers a nuts-and-bolts presentation of the information, strategies, and guidelines needed to be an effective crisis worker. A concise handbook for helping professionals who work on the front lines of crisis intervention, it is an ideal reference for crisis interveners, first responders, counselors, nurses, disaster responders, EMTs, law enforcement, human service workers, psychologists, social workers, teachers, agency directors, military, and any other professionals who encounter crisis situations.

## Book Information

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## Customer Reviews

In 2002 Brooks/Cole (Thomson Learning) published the second edition of Drs. James L. Greenstone and Sharon C. Leviton's *Elements of Crisis Intervention* (hereafter, *Elements*). *Elements* distills its authors' vast knowledge of crisis intervention down to 110, reader-friendly pages. Drawn from the authors' many years of hands-on, professional experience, *Elements* is a concise, ready handbook for a wide variety of professional and para professional crisis counselors, and is an especially valuable gift for newcomers to the challenging field of crisis intervention. The authors of *Elements* believe their work has filled an important void: "We know of no other text that approaches the subject [of crisis intervention] so directly" (xiv). The first 104 pages of *Elements* are divided into eleven chapters; the remaining six contain a brief appendix, and a bibliography. What follows below will be a brief summary of the contents of each chapter, and an equally brief

commentary on the strengths and weaknesses of Elements. Chapter one, "Approach to Crisis Intervention" (1-6), defines what a crisis is; how crisis intervention differs from other types of counseling; what types of people are more prone to crises; the usual psychological symptoms attendant someone experiencing a genuine life crisis, e.g. disorientation. The authors describe crisis intervention as "the emotional equivalent of physical first aid" (3), and insist that the need for skillful administration is no less important. Chapter two, "Procedures for Effective Crisis Intervention" (7-22), outlines the "orderly and logical process" (7) of effective crisis intervention. The goal of the intervention is to restore the victim's emotional equilibrium to a level high enough to meet life's normal, everyday demands.

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